



NEW for 2025

Feature-Rich, Results-Driven

Power Plate® once again elevates the vibration experience with the versatile, all new Power Plate pro8™. Scientifically proven to get results in half the time of traditional programs, you will feel the difference in just one session. Regardless of the type of user – new club member to personal training client to elite athlete - the pro8 delivers exciting new features including integrated LCD touchscreen controls, a simple, convenient Quick Start option, precise electronic proMotion™ resistance cables and up to a full 9-minute run time. And, with the largest platform size in the Power Plate line up, over 250 tailored programs and 1000+ exercise videos the pro8 is our most advanced commercial Power Plate to date.

Go further, faster, with the new Power Plate pro8.



Accelerates and maximizes results



PrecisionWave Technology™



Patented multidirectional vibration



Helps boost recovery time



Electronic proMotion™ Resistance

proMOTION Cable Extension Kit

Included with every Power Plate pro8, the Power Plate® Cable Extension Kit takes the pro8's versatility to a whole new level.

The kit adds length to the standard proMOTION™ resistance cables to create a host of new resistance-based movement options.



powerplate.com



Power Plate® pro8™ Features

71-P8A-3900 Matte Black

Color (Standard)	Matte Black
Machine Dimensions (W x D x H)	38in x 44in x 61in / 95cm x 113cm x 154cm
Platform Dimensions (W x D x H)	38in x 33in x 12in / 95cm x 84cm x 31cm
Weight	373lb / 169kg
Power Supply	100–240V, 50/60Hz, Universal Voltage
Maximum Load	500lb / 227.2kg
Operating System	Android OS 64bit System
USB Port/ Hub	USB 2.0 Port x1
Connectivity	Wi-Fi and Bluetooth. Heart rate monitor syncs with Myzone and compatible devices
Upper Display	LVDS Type LCD, Resolution: 1280X800(RGB), 10.1 inches
Audio	Wolf sound chip WM8980 or DP108T, stereo in/out. New elapsed time notification produces an audible beep after every one minute of product use
DualSync™ Twin Motor System	DualSync Twin Motor System maintains precise balance at any frequency and amplitude level, allowing perfect synchronisation of vibration for maximum muscle response and efficiency
proMotion™ Dynamic Vibration Technology	Conveniently select from three different resistance levels on the touchscreen display
Frequency	25-50 Hertz Low/High, (1Hz increments)
Time Selections	Up to 9 minutes of continuous runtime, selectable in 15 second increments
Amplitude / Vibration Setting	Low or High
Languages	English, German, Spanish, French, Italian, Japanese, Dutch, Portuguese, Russian, Chinese (Cantonese), Czech, Swedish
Certifications	CE, NRTL, C-NRTL, FDA Listed as Class 1 Device
Warranty (US)	3 years hardware / 1 year electronics / 1 year labor
Warranty (Outside the US)	2 years hardware / 2 year electronics / 2 year labor

Included Accessories

Power Plate® Cable Extension Kit	Extends the capabilities of the electronic proMOTION™ Resistance Cables.
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